

Wider Ops Ceilidh Dances for the tunes

Dance to the tune of BLAYDON RACES (32 bar jig)

Formation: - circle, standing next to your partner, one person is A and the other is B

A1 hold hands in circle – take 4 steps in and 4 steps out – REPEAT

A2 all the As take 4 steps in – clap – 4 steps out

All the Bs take 4 steps in – clap – 4 steps out

B1 Promenade (walk) with partner round the circle, anti clockwise, 16 steps

B2 swing partner – get back in circle ready to start again

Dance to the tune of DONKEY RIDING (32 bar march)

Formation:- lines facing away from the band, standing next to your partner- doesn't really matter how many in a line

A1 8 steps away from the band; kick balance x 4

A2 8 steps back towards band; kick balance x 4

B1 right hand turn; left hand turn

B2 back to back (passing right shoulders first); back to back (passing left shoulders first)

Dance to the tune of JACKS ALIVE (32 bar jig)

Formation:- longways sets of 3 or 4 couples

A1 kick balance x 4; lines 4 steps towards each other and 4 steps away

A2 as A1

B1 top couple gallop down the set 8 steps, and back up the set 8 steps

B2 everyone gallops down 8 steps, the top couple makes an arch and everyone comes through it back to place

Dance to the tune of MONAS DELIGHT (32 bar step hop)

Formation:- with your partner and another couple in a little circle of 4

A1 circle left 8 step hops; circle right 8 step hops

A2 right hand star; left hand star

B1 clapping pattern

To partner – knees – clap – clap to partner's hand
to opposite – knees – clap – clap to opposite's hands
to either side – knees – clap – clap to either side
to self – knees – clap – Oi!

Turn round with partner

B2 clapping as above then move on with partner to find another couple

Dance to the tune of WINSTER GALLOP (32 bar march)

Formation: - with partner, standing side by side facing the band

A1 forward 3 steps – kick; back 3 steps – stamp (repeat)

A2 away from each other 3 steps – clap; back to each other 3 steps – bump (repeat)

B1 facing each other – clapping pattern

Clap hands / clap under right leg
clap hands / clap under left leg
Clap hands in front, behind, in front, to partner

Repeat

B2 right hand turn; left hand turn