

## AUTUMN 2015 MAIN MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Pork meat balls and gravy Meat free pieces & sweetcorn pasta Peas Baked beans ½ jacket potato Mandarin sponge & Custard	Beef lasagne Pizza sweetcorn Coleslaw  Jelly & fruit	Roast chicken Bean loaf slice Halal chicken Carrots Cabbage Roast potatoes Chocolate & beetroot brownie	Chinese pork Chick pea & lentil curry sweetcorn Green beans Rice  Cheesecake topped with fruit	Fish fingers Cheese flan Baked beans Peas Chips  Arctic roll
Pork sausages Halal chicken sausages Veg sausage Baked beans Peas Mash potatoes Lemon sponge & custard	Lamb sheppard pie Pizza Corn Coleslaw  Jelly & fruit	Roast chicken Halal chicken Vegetable cottage pie Carrots Parsnips Roast potatoes Chocolate fudge cake	Diced chicken & sweetcorn pasta Vegetable ravioli Carrots Broccoli Mini pitta bread  Coconut & parsnip flapjack	Salmon fish fingers Cheesy jacket Baked beans Peas Chips  Choc ice
Beef burger Halal lamb burger Veg grill/burger Baked beans Peas ½ jacket Chocolate pear sponge & chocolate sauce	Beef chilli con carne Pizza sweetcorn Coleslaw  Jelly & fruit	Roast pork loin Cauliflower cheese Halal chicken Carrots Broccoli Roast potatoes Carrot cake	Chicken sweet & sour with rice Tomato & basil pasta  Peas sweetcorn  Shortbread biscuit	Battered cod portion Tomato & pepper tarts Baked beans Peas Chips Ice cream pot

- Fresh fruit, yoghurts and cheese & biscuit's will be an alternative dessert choice each day.
- Fresh bread and salad bar will accompany every meal.
- A carbohydrate will be incorporated into the whole dish unless otherwise stated.
- Fresh drinking water and milk will be on offer each day.

Week 1 31/8 21/9 12/10 9/11 30/11

Week2 7/9 28/9 19/10 16/11 7/12

Week3 14/9 5/10 2/11 23/11 14/12